

SEPTEMBER 2015 – JULY 2016

	<u>WEEK 1</u>	<u>WEEK 2</u>	<u>WEEK3</u>
<u>Monday</u>	Homemade Pizza or Tuna Pasta Bake Salad, Coleslaw Mini Potato waffles Fruit crumble & custard	Chicken Curry & Naan or Macaroni Cheese Peas, sweetcorn. Wholegrain rice Soft floured bap Fruit Pie and custard	Homemade Lasagne or Fish Goujons Salad, garlic bread Baked beans, Diced potato Fresh fruit & Ice cream
Tuesday	Cheese & Onion Quiche or Chicken Bites Peas, sweetcorn Diced potatoes Fresh fruit & yoghurt	Minced beef Pie or French Bread Pizza Salad, potato smiles Baked beans Rice Pudding	Shepherds Pie or Cheese & Tomato Pasta Bake Cauliflower, Broccoli Crusty Roll Raspberry or Orange Jelly
Wednesday	Roast Chicken or Vegetarian sausage Carrots, cauliflower. Boiled potatoes. Cheesecake.	Roast Pork or Tomato Pasta Bake Cabbage, Broccoli Boiled potatoes Chocolate sponge & custard	Roast Turkey & Stuffing or Vegetarian sausage Carrots, Cabbage Boiled Potato Frozen Yoghurt
Thursday	Beef Bolognese or Quorn Shepherdess Pie Mixed vegetables Spaghetti, garlic bread Jelly & ice cream	Mini Brunch (bacon, veggi sausage, omelette, hash brown) Baked beans, tomatoes Ice cream sponge	Crispy Nuggets in Wrap or Vegetarian Bolognese Pasta Peas, sweetcorn Smiley Faces Cup cakes
Friday	Beefburger or Fish Cake Baked beans Soft Bap, chips. Muffin	Oven baked sausage or Fish in Breadcrumbs Garlic bread Peas, chips Donuts (reduced fat & sugar)	Hot Dogs or Quorn Curry Wholemeal Rice Chips Meringue nests & ice Cream

Jacket Potatoes are available every day upon request (by 10.30am)

Cold Lunch Box

Ham, Tuna, Jam or Cheese Sandwich, Bap, baguette or wrap

Pudding of the day

Fruit, Crisps and raisins.

Drink